

Powerful Method for Staying Open and Expansive in a Very Challenging World

It's a real challenge to stay in a place of trust and expansion during these extremely unstable times. What we've believed was our security has completely changed, and our whole worldview is shifting right before our eyes. What will be next?

Amidst all this, how can you keep an intention to create abundance? Could it be despite the current instability in our world, that there are ways for each of us to experience growth and transformative change? What would help you stay grounded and avoid getting thrown by other people's fears and negativity?

Tools like meditation, yoga, practicing witness consciousness, and other spiritual practices are a vital key. In addition, there's a promising field called energy psychology that offers rapid shifts in energy and gives new meaning to the idea of prosperity thinking.

Resonance Repatterning(r), the primary system I use in my work, is a method of energy psychology. Repatterning is a highly effective, relatively effortless and fast working way to shift energy—that is, the emotions, beliefs, conditioning, and even patterns held in the body that have become blocked.

Resonance Repatterning is a comprehensive system that taps into the body's intelligence with kinesiology or muscle checking and uses special energy healing methods to create rapid and profound change. In my 10 years of offering this work professionally, I've seen great results--more well-being and inner peace—as well as very tangible outcomes in business, finances, relationships and health.

In order to experience my work firsthand, I invite you to a FR*EE group teleclass session on April 11th, where the call will be on “Opening to Receive”. If you are new to Resonance Repatterning, this call will introduce you to a powerful means for clearing out what is stopping you from feeling and being the best that you can be! In just one hour, you may find that your whole state of being has shifted, that you have moved into a more peaceful frame of mind, giving you the ability to cope with challenges that seemed daunting before. From that state, it's far easier to attract abundance and all good things.

I have seen it have such a profound effect on those who have participated before, so I'd like to bring the same benefits to you. For more information about my work and to register for this FR*EE session, please go to my website: www.joyfulmanifesting.com or contact me at 505-473-0969.

Many blessings and joyful manifestations to you,
Ellen Shapiro, Prosperity Coach & Resonance Repatterning Practitioner